

















Gratitude is
for your brain

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THE ASSOCIATED PRESS

WASHINGTON — Count your blessings this Thanksgiving. It's good for you. While it seems pretty obvious that gratitude is a positive emotion, the benefits are rarely delved into. But in the last several years, learning about the benefits of gratitude has become a popular topic. It may be one of the most powerful ways to change your life.

See POLYGAMY, A 3

service

... could help me
... in my life that
... anything. I also
... the day that I asked
... was anything
... hesitated any



PAYSON — Whether you are a football fan or not, you are a fan of the Payson woman. She is the heart of the team, the New England Patriots. And she is contagious. And she is a football junkie, is hoping for a good game. Her spirit rallied through the valley that will help her

The man
health
both

... followed by
... the volunteer
... nom, an employee
... hands his
... or community

Wheels
is simple and
There are smiles
of the door,
friendly greetings as
stay-at-home
at a local community
chat for a few
goodbye until

national...
They
father
say
with the
print

... the Chemical Society
... more at Fitchburg
... and compelling flashily
... white crystalline acid
... obtained esp.

... (The Vicksburg
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... and









